

**NFE009**  
**Driver Training**  
**Skid Recognition & Control Training**



## INTRODUCTION

VENUE:	Donington Park Race Circuit, DE74 2RP
NO. OF TRAINEES:	Available for up to 6 drivers per session
TRAINING DETAILS:	Skid Recognition & Control
EVENT DURATION:	4 sessions per day. 90 mins in car – 9.15; 11.00; 1.00 & 2.45

## DETAIL

The course proposed is approx. 2hr in duration (90 minutes in vehicle) including a classroom based briefing/presentation on the theory of skids, front wheel, rear wheel & four wheel skids, ABS, TCS & ESP systems and pulse braking. As well as understanding the types of skid it is more important to understand the causes and this will be extensively explored on the course utilising our Skid Cars.

On arrival participants will receive tea and coffee and then have the all-important safety & training briefing for the day, this is also an opportunity for the delegates to offer any specific concerns relating to their general driving or any of the course content.

Setting the scene for any training course is of paramount importance.

As with all our practical training courses, this course includes a pre course Automotional Driver Profile (on-line ADP) and post training, a full course report will be e-mailed directly to the participant and course administrator as required.

This ensures that full H&S Duty of Care responsibilities are covered.

## PRACTICAL TRAINING

### SKID CAR

The Skid Car is the perfect way to learn what causes a vehicle to skid and indeed how to avoid them. The Skid Car, unlike the Skid Pan, can replicate a variety of road surfaces from wet to ice and from snow to aquaplaning. All drivers will learn at their own pace under the watchful and experienced eye of our trainers, learning in a fun and safe environment. This is an invaluable life skill for all drivers and provides the knowledge to 'Recognise & Avoid' skids in the future.

### WHO IS THIS FOR?

All drivers of whatever standard should learn what causes a skid and this cause is perfect for this; to understand how and why and what to do if it does go wrong is a skill every driver should have.

### OUTCOME

All drivers will leave with the knowledge of what causes a vehicle to skid and what to do to stop this from happening. Additionally an online report and certificate is also provided post training.

### ADDITIONAL

This course is available Monday to Saturday and is based at the NFE Group training Centre at Donington Park, DE74 2RP. It can also be added to a wide variety of other driver training courses and workshops.